# Getting rid of bedbugs

CLEANING INSTRUCTIONS FOR RENTER

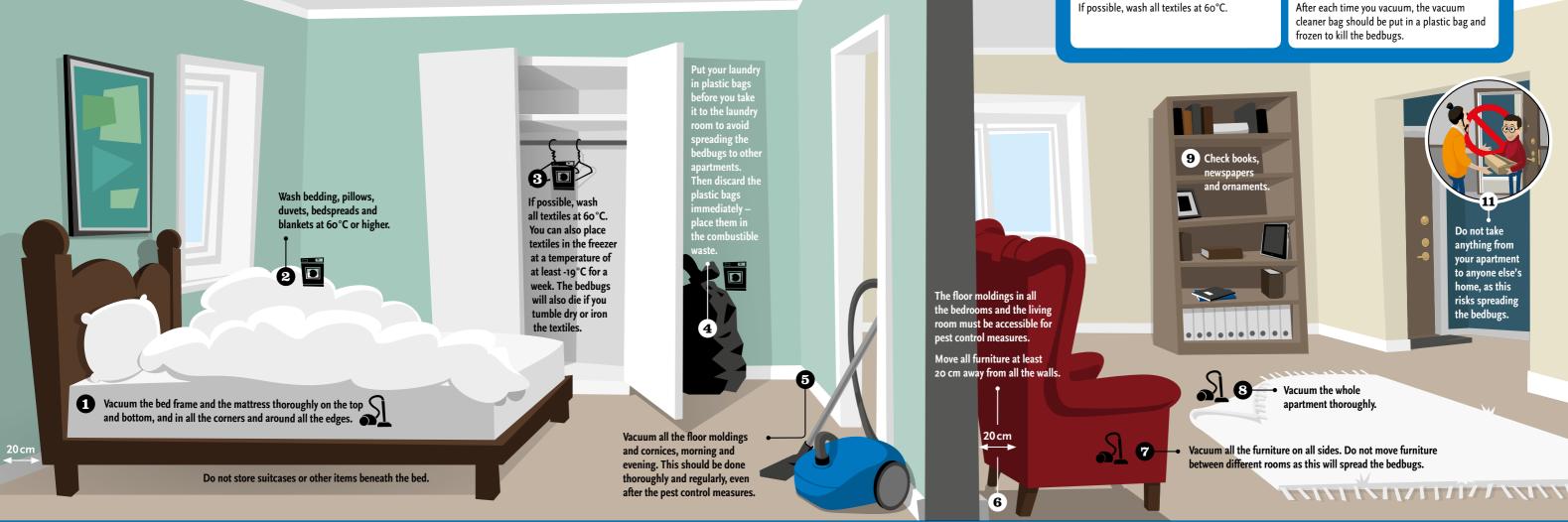




It is important that we work together to get rid of bedbugs. Anticimex does the pest control, ABK covers the cost and provides the information, while as a renter your responsibility is to follow the cleaning instructions in this brochure.

## Your work is vital

It is very important that you follow all the instructions carefully, otherwise there is a risk that the pest control will take longer and the problem will spread to other renters.



#### **Before pest control**

For the pest control to work, we need to help one another. As a renter, you must follow Anticimex's cleaning instructions above and their verbal instructions carefully. If Anticimex will not be able to carry out its pest control work, ABK will charge you for the cost of the non sanitation.

If, on repeated occasions, you fail to follow the instructions, you risk being evicted from your apartment to prevent the spread of bedbugs. To prevent the spread of the infestation, you will not be able to apply for a new apartment within ABK as long as the pest control work is ongoing.

#### During the pest control

In each case, Anticimex will assess the size of the problem and adapt its pest control methods after that. A spray or mist is used. Then a non-toxic powder is applied along gaps and skirting. The powder has a drying effect on the bedbug's skin which causes it to die after a while.

It usually only takes one or two rounds of pest control measures to get rid of the bedbugs. It is also very important that you never use your own pest control products, as this limits the effect of Anticimex's pest control.

Don't forget to notify people you have socialised with or lent things to while you have had bedbugs.

The following applies after pest control measures:

Within two hours: No-one must enter the treated rooms/ areas. This also applies to pets.

For the duration of the pest control, you need to continue sleeping in your bed, otherwise the bedbugs will not be attracted out and exposed to the pest control products.





60°C



After each time you vacuum, the vacuum cleaner bag should be put in a plastic bag and frozen to kill the bedbugs.

> Do not take anything from your apartment to anyone else's home, as this risks spreading the bedbugs.

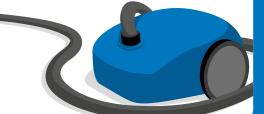
 Vacuum the whole apartment thoroughly.

Vacuum all the furniture on all sides. Do not move furniture between different rooms as this will spread the bedbugs.

#### Once the pest control measures have been completed, it is important that, throughout

the rest of your lease, you continue to maintain the cleaning standard shown in the pictures above. This will reduce the risk of the bedbugs returning.

After pest control



#### **ABOUT BEDBUGS**

Bedbugs are on the rise globally and are becoming increasingly common here in Sweden. They are often brought back in holiday luggage, but may also be spread via secondhand items, for example. They are attracted by people's breath and body heat and they feed on blood. They often conceal themselves near the food source, and they prefer to come out at night because they like the darkness.

Bedbugs suck blood from living people. The bite is not painful, but it can cause an allergic reaction, with symptoms including itching, swelling and redness.



Bedbugs - life-size

### If you have any questions

Contact Anticimex or ABK. Get in touch - better safe than sorry!

YOUR CONTACT AT ANTICIMEX

YOUR CONTACT AT ABK



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